

Lower Cost Providers		
Agencies/Clinics	Services/Fees	Contact Information
Asian Counseling and Referral Service	Individual, group, family therapy; case management; psychiatric evaluation and medication management; addiction treatment. Services offered in other languages and to people of all ages. Fees: sliding scale, Medicaid accepted.	3639 Martin Luther King Jr. Way S Seattle WA 98144 https://acrs.org/services/206-695-7511
Atlantic Street Center	Serves low-income youth and families of color. Fees: must have Medicaid or be Medicaid-eligible.	<u>2103 South Atlantic Street Seattle, WA, 98144</u> https://atlanticstreetcenter.org/ 206-329-2050
Bastyr Center for Natural Health	Short-term therapy counseling. Graduate student clinicians supervised by licensed professionals. Fees: \$20/hour.	3670 Stone Way N., Seattle, WA 98103 http://bastyrcenter.org/services/counseling 206-834-4100
CityU of Seattle Counseling Center	Counseling for the general community; no limits to number of sessions. Graduate student clinicians supervised by licensed professionals. Fees: based on income; sliding scale of \$5 - \$60.	<u>521 Wall Street, Suite 100, Seattle, WA 98121</u> https://www.cityu.edu/ 206-239-4760
Catholic Community Services	Counseling for individuals 0 - 21 years old and their families; substance abuse treatment also provided for 18+. Fees: sliding scale.	<u>Various locations throughout western Washington and greater Seattle area.</u> http://ccsww.org/ 206-328-5097
Community Psychiatric Clinic	Adult, child and family, veterans counseling. Substance use disorder treatment also offered. Fees: accepts Medicaid and Medicare.	<u>Multiple locations: Belltown, Northgate, Wallingford, Lake City</u> http://www.cpcwa.org/services.html 206-545-2354
Harborview Mental Health and Addictions Services	Integrated chemical dependency, mental health and medical primary care treatment in an outpatient setting to assist people with chemical abuse and dependency problems. Fees: financial assistance to eligible patients.	<u>401 Broadway, First Floor, Seattle, WA, 98122</u> http://www.uwmedicine.org/ 206-744-9657
Harborview Mental Health Services	Services among 3 clinics: assessment, triage, referral, brief intervention; CBT and DBT programs; medication management. Fees: financial assistance to eligible patients.	Intake and Brief Intervention Services http://www.uwmedicine.org/ 206-744-9600 Psychotherapy Clinic http://www.uwmedicine.org/206-744-9622 Psychiatry Resident Clinic http://www.uwmedicine.org/206-744-3452
Jewish Family Services	Individual, group, and family counseling. Addiction services also offered. Fees: sliding scale, Medicaid accepted.	<u>1601 16th Avenue, Seattle, WA 98122</u> http://www.jfsseattle.org/services/ 206-461-3240
MEND Seattle	Individual, couples, and group therapy. Workshops also offered. Fees: sliding scale \$30-75	<u>200 1st Ave W, Seattle, WA 98119</u> https://mendseattle.com/
Pioneer Human Services	Individual and group counseling; assessment; psychiatric evaluation; medication management. Also provide chemical dependency services, including detox. Fees: Medicaid and private pay.	<u>Multiple locations depending on services. Outpatient therapy: 901 Rainier Avenue South, Seattle, WA 98144</u> http://pioneerhumanservices.org/ 206-470-3856
Samaritan Center of Puget Sound Low Fee Clinic (Christian)	Individual, couple, and family counseling. Graduate student clinicians supervised by licensed professionals. Fees: sliding scale based on income.	<u>564 NE Ravenna Seattle, WA 98115</u> https://samaritanps.org/ 206-527-2266
Seattle Counseling Service	Individual, couple, family, and group counseling for the LGBTQ community. Also provide medication management, addiction services, and legal clinic. Fees: sliding scale, Medicaid accepted.	<u>1216 Pine St, Suite 300 Seattle, WA 98101</u> http://www.seattlecounseling.org/ 206-323-1768
Sound Mental Health	Individual, couple, family, and group counseling. Also treatment for co-occurring substance use disorders. Fees: accepts Medicaid and Medicare.	<u>Multiple locations, including several in Capitol Hill.</u> https://www.smh.org/counseling/ 206-302-2300
Therapeutic Health Services	Counseling for adults and youth; also addiction and detox services. Fees: sliding scale, Medicaid accepted.	<u>Multiple locations; closest to SU:</u> <u>1116 Summit Avenue, Seattle, WA 98101</u> https://ths-wa.org/ 206-323-0930
Wellspring Family Services	Individual, couples, and family therapy. Fees: reduced fees offered at Wellspring Neighborhood Centers.	<u>Seattle, Redmond, Bellevue.</u> https://wellspringfs.org/ 206-524-9055